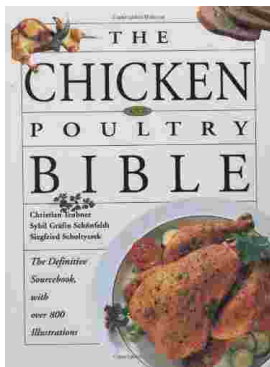


The Chicken and Poultry Bible



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A complete and beautifully illustrated source book on one of mankind's most basic foods: chicken. From the general historical background to a detailed discussion of the various types of poultry the heart of this book is the 150 step-by-step recipes. Eight authoritative chapters are devoted to stocks, soups, sauces; poaching and steaming; stewing and braising; frying and roasting; barbecuing; baking and deep-frying; far easy specialties; and cold delicacies.